

# **THE STYLE COACH™**

## **Confidence In Style**

20 July 2022

### **Week 12: Part 2**

#### **Questions to reflect on:**

- **How did the 'No Shopping Challenge' go?**
- **What were the temptations? How did you resist? Why did you give in?**
- **What did you learn about your shopping habits?**
- **Look back on your goals from Week 1. Are you closer to achieving them?**
- **How is your confidence in yourself compared to the beginning of the course?**
- **How is your confidence in shopping compared to the beginning of the course?**
- **What else would you like to learn to fill the gaps in your style knowledge?**
- **What have you yet to implement from this course?**
- **What is the most valuable thing you have learned from this course?**
- **What will you do differently in the future?**