

# **Connected Beauty.**

## **A modern day make up class to brighten your face and soothe your mind.**

**9 Aug 2022**

**Smooth and tone the neck, jaw and marionette lines with face exercises.**

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**Scottish hairdresser Anne Ferguson joins to chat about how to look after grey or white hair and the best treatments for fragile or thinning hair.**

- Face oil
- Mirror
- Tissues