

THE STYLE COACH

Confidence In Style

11 May 2022

Week 2: Part 2

Use the graph to map out how many hours a week you spend on your activities. Your wardrobe should be proportional to the amount of time you spend on each activity. E.G. if you spend the majority of your time doing outdoor pursuits, then your wardrobe should be mostly made up of leisure wear suitable for that activity.

If your wardrobe is not proportional to your activities, what needs to change?

