

THE STYLE COACH™

Confidence In Style

30 May 2022

Week 5: Part 1

How To Look Taller

- Wear monochrome outfits.
- Use asymmetrical hemlines on tops.
- Use long vertical lines where possible.
- Wear single breasted coats.
- Wear scarves draped around the neck rather than wrapped around the neck.

How To Look Shorter

- Use colours that are high in contrast on the top and bottom half.
- Use horizontal lines.
- Wear cropped style trousers.

Neckline to make the upper half appear smaller

- Scoop neckline
- Asymmetrical necklines
- V-neck
- Wide round neck.

Necklines to make the upper half appear bigger

- Sweetheart neckline
- Polo neck/turtleneck
- Crew neck
- Collared shirts.