

Cleanse Away The Day

A calming, evening beauty ritual.

In this class you will cleanse and treat the skin and follow with a soothing face massage to relax and melt away any tension from the day.

What you will need:

Eye makeup remover (if applicable)

Cleansing products (cleanser, toner or similar and serum/moisturiser)

Face Oil – (if you don't have a specific face oil, then use anything that you feel is suitable, such as almond or coconut- if in doubt test on your skin)

Bowl of warm water

Face cloth or flannel

Towel to dry face

Hair band