



Zandra Rhodes Class - No Sew Stocking Instructions

1. Choose which stocking template you would like - classic stocking, heeled stocking or elf stocking. Print off the template pages and stick them together following the guidelines.
2. Cut out the template pieces a + b (+ c on the heeled stocking)
3. Lay out your main fabric and trace around the pattern piece with a pen. Flip over the pattern piece and repeat.
4. Repeat for pattern piece b on contrasting fabric. (+ c if doing the heeled stocking)
5. Cut out pieces.
- 5a. If painting the stockings, it is a good idea to decorate them now, let them dry, and then proceed with construction.
6. Lay an old tea towel/scrap fabric on the ironing board.
7. Place a pattern piece face down onto the board. Cut a strip of hem tape the width of the top edge of the stocking. Place tape across the edge. Put pattern piece b face up, overlapping the bottom edge onto the top edge of a, covering the hem tape. There should be an excess on each side. Use the iron to heat set the 2 pieces together. It is a good idea to iron on top of a tea towel or scrap fabric to protect the iron.
8. Repeat with the other a + b pieces.
- 8a. If you are doing the heeled stocking, use the hem tape to fuse the c-pattern pieces, right side facing out. Then attach onto the heel of one of your combined pieces on the inside with the hem tape and fuse with iron.
9. Place one of your combined pieces face down on the ironing board. Cut strips of hem tape and place them around the edge of the stocking. On part b, place tape on the outer edge. Leave the top opening of the stocking.
10. Carefully place the second piece face up on top of the face down piece. Iron carefully around edges with hem tape to fuse. Take your time; it could need a few goes to fuse fully.
11. Once your stocking is fused, you can carefully trim around the edges to neaten up any fraying that has occurred - the hem tape should prevent any further fraying.
12. The part b in contrasting fabric can now be turned down, revealing the correct side of the fabric. You may need to trim the fabric on the join to get a neater turnover.

Finish off with any desired decoration, gluing buttons, sequins and trims.