



INSPIRED DE-CLUTTERING!

THE FUN-G SHUI WAY!

1

CHOOSE THE LIFE AREA TO WORK ON

- Use the tools to identify where to start **
- Decide what you are releasing
- KNOW YOUR INTENT - YOUR 10/10!

CLEAR ROOM FOR 3 PILES OF CLUTTER

- 1 = Your DEFINITELY KEEP pile
- 2 = Your NOT SURE pile
- 3 = Your IT'S TIME TO GO! pile

2

3

CLEAN THE CLEARED AREA

- Remove all stagnant energy
- Sweep, vacuum, wipe down, paint or fix as necessary.

NEATLY REPLACE PILE 1

- Keep ONLY what is useful or beautiful!
- Allow space for any items in pile 2 you may decide to keep

4

5

GO BACK THROUGH PILE, 2 BE RUTHLESS!!

- Only keep what will fit in the space you have
- Is it really useful? Is it really still beautiful?
- is it broken.. worth repairing???
- If not LET IT GO!

REMOVE PILE 3 FROM THE PREMISES

- Put out with the garbage
- Take to the re-cycle centre
- Take to charity shop
- Sell - immediately!

6

7

TIDY UP AND ANCHOR IN YOUR 10/10!!!

- Choose something beautiful
- Hold it and anchor in your intent for this life area
- REWARD YOURSELF FOR DOING AN EXCELLENT JOB!!!

**Tools = Life Wheel and Ba Gua