Cleanse Away The Day

May 2022

A calming, evening beauty ritual.

In this class you will cleanse and treat the skin and follow with a soothing face massage to relax and melt away any tension from the day.

What you will need:

Eye makeup remover (if applicable)
Cleansing products (cleanser, toner or similar and serum/moisturiser)
Face Oil – (if you don't have a specific face oil, then use anything that you feel is suitable, such as almond or coconut)
Bowl of warm water
Face cloth or flannel
Towel to dry face
Hair band

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